

## **Each box will include:**

5 breakfasts, 5 lunches/suppers, and 5 snacks—enough food for each kid for a week!





Even though it's fun to have kids out of school for the summer, it can cause added stress. It takes extra time to shop for groceries and extra money to pay for food because kids aren't getting meals at school.

## Meals-to-You can help, and it's free!

The USDA supports the National School Lunch Program across the country and wants to continue supporting students when school is out.

So, this summer they're bringing the meals to you!

## SIGN UP TODAY AT WWW.MEALSTOYOU.ORG.

Click the link to sign up. Then wait for an email or text to hear if you can get FREE meal boxes delivered directly to your door FOR EACH OF YOUR KIDS this summer! You can also contact your school for help signing up.

Once you sign up, you will get an email to log in to your private account in the HOUSEHOLD PORTAL—a website for households—where you can check the status of your approved meal boxes, update your shipping address, and more!

Sign up today and let Meals-to-You take away the stress of buying extra groceries this summer!

Questions? Contact the team at info@mealstoyou.org. Visit www.mealstoyou.org for more information.

The USDA is an equal opportunity provider.